



STATE OF OKLAHOMA  
OKLAHOMA HEALTH CARE AUTHORITY

OHCA 2009-02

November 19, 2009

Dear Insure Oklahoma ESI Member,

The H1N1 vaccine is now available for those considered high risk. The vaccine is also called the swine flu vaccine. You may be able to get the vaccine from the local county health department or a participating health clinic.

The vaccine is free. There is no co-pay.

The H1N1 vaccine will not provide protection from the seasonal flu. The seasonal flu vaccine will not protect against the H1N1 infection. You need separate vaccinations for both kinds of flu.

The vaccine comes in two forms. One form is a shot; the other is a nasal spray. Ask your PCP which one is better for you.

Although the vaccination is recommended for most people, the vaccine is available only in a limited amount now. Those who are considered high risk will receive the vaccine first.

Those considered high risk are:

- Pregnant women
- People who live with or care for infants less than 6 months of age
- Anyone from 6 months of age through 24 years of age
- Anyone from 25 years of age through 64 years of age with chronic medical conditions or a weakened immune system
- Health care or emergency medical personnel

For more information about H1N1, call the Oklahoma State Department of Health Hot Line at 1-866-278-7134. The information is available in English and Spanish. You may also visit [www.health.ok.gov](http://www.health.ok.gov) or [www.cdc.gov](http://www.cdc.gov) for more information. As always, should you have specific health questions, check with your primary care provider.

For questions or more information regarding this information, please call the Insure Oklahoma Helpline at 1-888-365-3742, option 2.

Sincerely,

A handwritten signature in purple ink that reads "Lynn V. Mitchell, M.D., MPH".

Lynn Mitchell, M.D., MPH  
State Medicaid Director